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| **Activity No. 1.2** | |
| **MODULE** | 1. Peer Mentoring Methodology |
| **TOPIC** | * 1. Who is a Peer Mentor? Personality – knowledge, skills, competences of Peer Mentor in the 21st century for 50+. What do you essentially have to know? |
| **Title of the activity** | Can I be a good peer-mentor? |
| **Pedagogical objective** |  |
| **Target group** | Future trainers of the Peer-Mentor Training |
| **Duration (minutes)** |  |
| **Settings** |  |
| **Size of the group** |  |
| **Method** |  |
| **Tools** |  |
| **Description of the activity** | |
|  | |
| **Text of the instructions for learners (peer-mentors)** | |
|  | |
| **Summary** | |
| What did I learn during the online and face-to-face session?  What do I take with me to my own peer mentoring practice?  What is the influence on my current and future way of peer mentoring?  What step can I take tomorrow, based on what I learned in the module? | |